



HELLO! SUGINAMI

Suginami City Population
(as of May 1, 2018)
Total population 567,953
Foreign residents 16,938

Issued on the 1st of even-numbered months

Published by: Suginami City Office. Editing: Public Relations Section. Address: 1-15-1 Asagayaminami, Suginami-ku, Tokyo 166-8570.
Tel: 03-3312-2111 (main switchboard), Fax: 03-3312-9911 (direct line for Public Relations Section) *Please make inquiries in Japanese. URL: <http://www.city.suginami.tokyo.jp/>

Preparing for floods

In recent years, there has been an increase in the incidences of torrential rains that exceed the levels that rivers and sewage systems are maintained at. As a result, the flooding of rivers and inundation of low-lying areas have become frequent occurrences. Ensure that you are always prepared for heavy rains.

[Contact] Public Works Planning Section or Disaster Prevention Section

◆ Loan of sandbags

Sandbags can be distributed in advance to interested residents. Please contact the Suginami Public Works Office as soon as possible, in order to be prepared for sudden heavy rains.

[Application/Contact] Suginami Public Works Office Tel: 03-3315-4178

◆ Do not block gutters/storm drains

Please clean storm drains regularly to prevent blockage from fallen leaves and trash.

◆ In the event of heavy rains

Evacuate to higher floors immediately if you live in a semi-underground house. Move any vehicles to higher ground. Please evacuate to a safe location temporarily; move to the second floor if you live in a general residence, and to a higher floor if you live in an apartment block.

◆ Pay attention to the weather reports

Pay attention to the weather reports on TV or the radio if the Japan Meteorological Agency issues a warning or emergency warning about heavy rains or floods. When an emergency warning for heavy rains/flood is issued, citizens are notified via a disaster warning radio system. When there is danger of rivers flooding their banks, a siren will be sounded through the river level alarm system.

Information on rainfall and river conditions can be found on Suginami City's official website, under the section "Weather Information" (available in Japanese only).

Information about rainfall in the Tokyo Metropolitan region can also be found on the website of the Bureau of Sewerage, Tokyo Metropolitan Government.

English website of the Bureau of Sewerage: <http://www.gesui.metro.tokyo.jp/english/index.html>

Foreign residents must also enroll in the National Pension System

Foreign residents with an address in Japan, aged 20 or above and below 60, are required to enroll in the National Pension System. However, this excludes those who are covered under welfare pension schemes, and dependent spouses of those who are covered under welfare pension schemes.

If a foreign resident who is enrolled in the Pension System fulfills the criteria for receiving benefits, he or she will be eligible to receive benefit payouts through the basic old age pension scheme, and the basic pension for the disabled/basic pension for the bereaved in the event of disability or death.

For countries that have concluded a social security agreement with Japan, adjustments may be made or the pension enrollment period totaled up, in order to prevent duplicate enrollment in the pension scheme.

Foreign residents who have paid for six months or more but no longer than ten years of their insurance premiums are eligible to receive a lump-sum withdrawal payment if they no longer have an address in Japan. Application procedures should be completed after they have submitted a notification of change of address on their resident's card to an overseas address.

[Contact]

For inquiries on enrollment procedures, please approach the National Pension Subsection, National Health Insurance and Pension Section, Suginami City Office.

For inquiries on social security agreement and lump-sum withdrawal, please approach the Suginami Branch Office of the Japan Pension Service.
Tel: 03-3312-1511

Sending out of the Notification of the Amount of National Health Insurance Fees

We will be sending out the Notification of the Amount of National Health Insurance Fees for FY2018 to the heads of households on 11 June (Monday). Insurance fees for the 12-month period from April 2018 to March 2019 are to be paid over 10 installments, using the separate payment slips for payments in June 2018 to March 2019.

Payment slips for payment by a one-off payment or by periodic installments are enclosed for residents who pay the full or partial amount of insurance fees using payment slips.

[Contact]

National Health Insurance Qualification Subsection, National Health Insurance and Pension Section

Announcement about resident taxes (Special Ward Inhabitant Tax/Metropolitan Inhabitant Tax)

The tax notice for the ordinary collection of resident taxes for FY2018, and the tax decision notice for special collection of resident taxes through deduction from public pension, will be sent out on 6 June (Wednesday).

◇ Due date for tax payment, and where to make payment

Taxable income is the income for the previous year (January to December 2017).

● Due date for tax payment

First payment: 2 July (Monday) Second payment: 31 August (Friday)
Third payment: 31 October (Wednesday) Fourth payment: 31 January 2019 (Thursday)

● Where to make payment

(1) Banks/Shinkin banks, etc.

For the Japan Post Bank/post offices, payments are accepted only at branches in Metropolitan Tokyo, Yamanashi Prefecture, and prefectures of the Kanto region.

(2) Sugunami City Office, Residents Offices of Sugunami City

(3) Convenience stores (Only payments below 300,000 yen per payment slip are accepted.)

◇ Please use the secure and convenient method of paying via bank transfer.

Those who wish to pay via bank transfer should refer to the information enclosed with the tax notice for the ordinary collection of resident taxes for FY2018.

Applications submitted by 10 July (Tuesday) will be applied to deductions from the second payment and after.

◇ Service that accepts Pay-easy account transfers

If the account holder brings along his or her cash card from a partner financial institution that offers this service (Mizuho Bank, MUFG Bank, Sumitomo Mitsui Banking Corporation, Resona Bank, Seibu Shinkin Bank, Japan Post Bank) to the counter at Sugunami City Office or Residents Offices of Sugunami City, he or she will be able to complete application procedures for bank transfer. It is not necessary to bring the seal-impresion that is registered with the bank.

◇ You can also make payment through your mobile phone.

Please refer to the "Mobile Regi" website for details about the compatible mobile phone models and financial institutions that accept payments through mobile phones. Only payments below 300,000 yen per payment slip are accepted.

● Computer site: <http://solution.cafis.jp/bc-pay/pc/>

● Mobile site: <https://bc-pay.jp/>

◇ Consultation on tax payments

Those who have difficulties paying their taxes due to unavoidable circumstances such as poverty or business slump should consult with the Sugunami City Office as soon as possible.

◇ Residents whose special collection taxes are deducted from their salaries

The tax decision notices for residents whose resident taxes are deducted from their salaries (special collection) have been sent to the person in charge of salary payment in the respective companies on 10 May (Thursday). Resident taxes will be deducted from the residents' salaries for June 2018 to May 2019.

◇ Issuance of resident tax certificates

The following table shows the start date for the issuance of resident tax certificates for FY2018. The application form for issuance of certificates can also be obtained from Sugunami City's official website.

Taxation/Tax payment category	Start date of issuance		
	Counter	Certificate issuance service at convenience stores	Automatic certificate issuance machine
(1) Those who pay taxes through special collection only	10 May (Thursday)		
(2) Those who pay taxes through ordinary collection only	6 June (Wednesday)	6 June (Wednesday)	6 June (Wednesday)
(3) Those who pay taxes through special collection by pension funds only			
Those who pay taxes through (2) and (3) above			
Those who pay taxes through (1) and (2) above	10 May (Thursday) - 5 June (Tuesday): Delivery of certificates for (1) only	6 June (Wednesday)	6 June (Wednesday)
Those who pay taxes through (1) and (3) above	6 June (Wednesday) and after: Delivery of certificates for (1) to (3)		
Those who pay taxes through (1), (2), and (3) above			
Those who are not required to pay taxes	10 May (Thursday)		

*1. It is necessary to submit a declaration for resident taxes if the salary/pension payment report and tax returns are not submitted.

*2. When an application for certificate is submitted by someone other than the taxpayer, an authorization letter signed by the person requesting the certificate must be presented along.

*3. The fee for certificate issuance (per certificate) is 300 yen for issuance at the counter, and 200 yen for issuance using the automatic certificate issuance machine or the certificate issuance service at convenience stores.

[Contact]

For inquiries on the tax decisions/tax notices, please contact the Taxation Section.

For consultation on tax payments and inquiries on bank transfers, please contact the Tax Collection Section.



Announcement from Sugunami Association for Cultural Exchange

Foreign residents are welcome to join Sugunami Association for Cultural Exchange (SACE), which organizes many fun events to facilitate exchanges among Japanese and foreign residents. Please come and join us.

◇ SACE website and Facebook page

Please visit the website and Facebook page of the Sugunami Association for Cultural Exchange. These sites offer information about events organized by the Association, Japanese language classes held in Sugunami City, and friendship cities of Sugunami City. Event information and useful information about Sugunami City is also sent out by post, free of charge, to foreign residents living in Sugunami City. Registration is accepted through the Association's website.

◇ Marugoto Taiwan Fair 2018

Taiwan Fair 2018 features the attractions of Taiwan, with which Sugunami City is strengthening its exchange initiatives through events such as a baseball exchange for junior high school students and performance of Kōenji Awa Odori dance in Taiwan.

[Date and time] 10:00 am-5:00pm, Saturday, June 9

[Location] Sesión Sugunami (1-22-32 Umezato)

[Description] Sale of merchandise from Taiwan, introduction to tourism and tourism exhibitions, sale of Taiwanese food in food trucks, lectures, screening of Taiwanese animations, etc.

[Cost] Free admission. Please visit the venue directly on the day of the event.

* For details, please refer to the website and Facebook page of the Sugunami Association for Cultural Exchange.

◇ Japanese Tea Ceremony Experience Program (for foreign residents)

Participants will learn simple ways of making tea from instructors, and will also have the chance to try making their own tea. Enjoy a leisurely chat with everyone while savoring Japanese tea and sweets. This program will be conducted in Japanese.

[Date and time] (1) 1:30 pm-3:30 pm; (2) 5:30 pm-7:30 pm, Thursday, June 28

[Location] Sugunami Association for Cultural Exchange

[Lecturer] Urasenke, Sosei Yamanaka

[Capacity] 20 participants in each session (in order of application)

[Cost] 300 yen per person

[Application] Apply to SACE by phone, fax or e-mail, providing the event name, home address, name (also in katakana), nationality, phone number, and email address.

◇ The Lifestyle and Appeal of Dubai

A lecturer living in Dubai, United Arab Emirates, will provide an introduction to the lifestyle and appeal of Dubai that are not widely known about in Japan.

[Date and time] 1:30 pm-3:30 pm, Friday, June 29

[Location] Sugunami Association for Cultural Exchange

[Lecturer] Tourism Ambassador of Sugunami, Yukari Harikari

[Capacity] 25 participants (in order of application)

[Cost] 200 yen

[Application] Apply to SACE by phone, fax or e-mail, providing the event name, home address, name (also in katakana), phone number, and email address.

◇ Facility Tour at Sugunami Waste Disposal Plant (for foreign residents)

Take a tour of the newly refurbished waste disposal plant, and learn about Sugunami City's sanitation projects and environmental measures.

[Date and time] 1:30 pm-3:00 pm, Thursday, July 5

[Location] Sugunami Waste Disposal Plant (3-7-6 Takaidohigashi)

[Capacity] 30 foreign participants (in order of application)

[Cost] Free of charge

[Application] Apply to SACE by phone, fax or e-mail, providing the event name, home address, name (also in katakana), nationality, phone number, and email address.

◇ Support Desk for Foreign Residents

Volunteer interpreters provide support for foreign residents who need assistance at the Sugunami City Office. Interpretation services are available for English, Chinese, and Korean. Please feel free to contact the Support Desk for assistance.

[Date and time] Every Monday and Friday, 9:00 am-12:00 pm, 1:00 pm-4:00 pm (excluding national holidays and year-end/New Year holidays)

[Location] Public Hearing Section (1F East Building, Sugunami City Office)

[Languages] (1) English: Every Monday 1:00 pm-4:00 pm, every Friday 9:00 am-12:00 pm
(2) Chinese: Every Monday 9:00 am-12:00 pm, every first, third, and fifth Friday 1:00 pm-4:00 pm
(3) Korean: Every second and fourth Friday 1:00 pm-4:00 pm

[Consultation methods] Visit to the Sugunami City Office in person/Telephone (Public Hearing Section(1F East Building, Sugunami City Office. (Extension: 1129)/In writing (By post, fax, or e-mail)

[Cost] Free of charge

For applications and inquiries, please contact Sugunami Association for Cultural Exchange.

[Address] 5F Minami-Asagaya Building, 1-14-2 Asagayaminami, 166-0004

[Fax] 03-5378-8844

[E-mail] info@suginami-kouryu.org

[Phone] 03-5378-8833

[Website] <http://www.suginami-kouryu.org/>



[Facebook] <https://www.facebook.com/suginami.kouryu>



Medical Consultation Service Counters

Tokyo Metropolitan Medical Consultation Service Center

Inquiries regarding medical institutions that provide foreign language consultation and the Japanese medical system are handled in English, Chinese, Korean, Thai and Spanish. [Consultation hours] 9:00am-8:00pm every day [Phone] 03-5285-8181

Tokyo Metropolitan Medical Institution Information "Himawari"

The website allows you to search for medical institutions close to an address or station.

[English website] <http://www.himawari.metro.tokyo.jp/qq13/qqport/tomintop/other/fks240.php>

Sugunami City Emergency Treatment (In Japanese only)

Call first for a consultation. If you are asked to come in for an examination as a result of the consultation, be sure to bring your health insurance certificate and medical certificate.

■ Sugunami City Holiday and Nighttime Emergency Treatment Center

[Phone] 03-3391-1599 [Address] Sugunami Public Health Center 2F, 5-20-1 Ogikubo

[Medical departments and hours] (reception closes 30 minutes before end of examination time)

Monday to Friday, 7:30pm-10:30pm: pediatrics

Saturdays, 5:00pm-10:00pm: internal medicine, pediatrics, ear/nose/throat

Sundays, public holidays, year-end and New Year holidays, 9:00am-10:00pm: internal medicine, pediatrics, surgery (until 5:00pm), ear/nose/throat

■ Sugunami City Dental Health and Medical Center (Holiday Dental Emergency Clinic)

[Phone] 03-3398-5666 [Address] Sugunami Public Health Center 5F, 5-20-1 Ogikubo

[Hours] Sundays, public holidays, year-end and New Year holidays: 9:00am-5:00pm (reception until 4:00pm)

■ Sugunami City Emergency Medical Information Center

Information on medical institutions and medical consultation available.

[Phone] #7399 or 03-5347-2252 [Hours] Monday to Friday: 8:00pm-9:00am following day Saturdays, Sundays, public holidays, year-end and New Year holidays: 9:00am-9:00am following day



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水害に備えて

近年、河川や下水道の整備水準を上回る豪雨が増加しているため、河川の氾濫や地盤の低い地域での浸水がたびたび発生しています。日頃から、大雨に対する備えをしましょう。

【問い合わせ】 土木計画課または防災課

◇土のうを貸し出します

希望者には、土のうを事前に配布します。急な雨に備えて、早めにご連絡ください。

【申し込み・問い合わせ】 杉並土木事務所 電話03-3315-4178

◇側溝・雨水ますをふさがない

雨水ますの吸い込み口は、落ち葉やごみで詰まらないよう日頃からの清掃にご協力ください。

◇大雨が降ってきたら

半地下住宅ではすぐに上階へ避難し、車は高台へ移動してください。

一般住宅では2階へ、集合住宅では上階など、安全な場所へ一時的に避難してください。

◇気象情報に注意しましょう

気象庁から大雨や洪水の注意報・警報が出されたら、テレビやラジオの気象情報に注意しましょう。大雨・洪水警報発表時は、防災無線でお知らせします。河川があふれる恐れがあるときは、河川水位警報機から警報音(サイレン)でお知らせします。

区ホームページ「気象情報」では雨量・河川などの情報をお知らせします(日本語のみ)。

また、東京都下水道局のホームページで、東京都の降雨情報をご覧になれます。

東京都下水道局英語版ホームページ <http://www.gesui.metro.tokyo.jp/english/index.html>

外国人の方も国民年金に加入が必要です

日本に住所を有する20歳以上60歳未満の外国の方は、国民年金に加入することになります。ただし、厚生年金に加入している方、厚生年金加入者の被扶養配偶者の方は除きます。

国民年金に加入して受給要件を満たせば、老齢基礎年金や、万が一のときの障害基礎年金・遺族基礎年金などが支給されます。なお、日本との間に社会保障協定を結んでいる国の中には、年金制度の二重加入を防止する調整や、年金加入期間の通算をする場合があります。

また、保険料を6カ月以上10年未満納付した外国人の方は、日本に住所を有しなくなった場合、住民票の海外転出届を提出した後に請求手続きをすることにより脱退一時金が支給されます。

【問い合わせ】 加入手続きなどについては、区国保年金課国民年金係
社会保障協定・脱退一時金については、杉並年金事務所 電話03-3312-1511

国民健康保険料額通知書を発送します

2018年度保険料額通知書を6月11日(月)に世帯主宛てに発送します。4月～2019年3月までの12カ月分の保険料を、6月期～2019年3月期までの計10回に納付書を分けてお支払いいただきます。

保険料の全部または一部納付書払いの方には、一括分と各期分の納付書を同封します。

【問い合わせ】 国保年金課国保資格係

住民税(特別区民税・都民税)のお知らせ

2018年度住民税普通徴収分の納税通知書と公的年金から住民税を差し引く特別徴収分の税額決定通知書を6月6日(水)に発送します。

◇納期限と納付場所

課税の対象となる所得は、前年(2017年1月～12月)の所得です。

●納期限

第1期=7月2日(月) 第2期=8月31日(金)
第3期=10月31日(水) 第4期=2019年1月31日(木)

●納付場所

- ①銀行・信用金庫など
ゆうちょ銀行・郵便局は、東京都・山梨県および関東各県所在の店舗に限ります。
- ②区役所、区民事務所
- ③コンビニエンスストア(1枚が30万円以下の納付書に限ります。)

◇安心便利な口座振替をご利用ください

口座振替を希望する方は、2018年度住民税普通徴収分の納税通知書に同封する案内をご覧ください。

7月10日(火)までに申し込んだ場合は、第2期分からの引き落としになります。

◇Pay-easy口座振替受け付けサービス

区役所や区民事務所の窓口で、口座名義人本人がサービス対象の金融機関(みずほ銀行、三菱UFJ銀行、三井住友銀行、りそな銀行、西武信用金庫、ゆうちょ銀行)のキャッシュカードをお持ちになれば、口座振替の申し込み手続きができます。銀行の届け印は不要です。

◇携帯電話による納付もご利用になれます

利用できる金融機関や携帯電話の機種などは、「モバイルレジ」ホームページでご確認ください。なお、1枚が30万円以下の納付書に限ります。

●パソコン <http://solution.cafis.jp/bc-pay/pc/>

●携帯電話 <https://bc-pay.jp/>

◇納税相談

生活困窮や事業不振などやむを得ない事情によって納付が困難な場合は、お早めにご相談ください。

◇給与からの特別徴収の方

住民税を勤務先の給与から差し引く方(特別徴収)の税額決定通知書は、5月10日(木)に会社などの給与支払者宛てに発送しました。住民税は、6月分～2019年5月分の給与から差し引かれます。

◇住民税証明書の交付

2018年度の住民税証明書の交付開始日は下表のとおりです。証明書交付申請書は、区ホームページからも取り出せます。

納付・課税区分	交付開始日		
	窓口	証明書自動交付機	証明書コンビニ交付サービス
①特別徴収のみで納付する方	5月10日(木)		
②普通徴収のみで納付する方	6月6日(水)	6月6日(水)	6月6日(水)
③年金特別徴収のみで納付する方			
②と③で納付する方			
①と②で納付する方			
①と③で納付する方	5月10日(木)～6月5日(火) =①にかかる証明書のみ交付	6月6日(水)	6月6日(水)
①と②と③で納付する方	6月6日(水)～ =①～③にかかる証明書を交付		
非課税の方	5月10日(木)		

- ※1. 給与・年金支払報告書、確定申告書が提出されていない場合には、住民税の申告が必要です。
- ※2. 証明書を本人以外の方が申請する場合は、代理人の方の本人確認資料と証明書を必要とする方の自署した委任状が必要です。
- ※3. 交付手数料(1通)は、窓口=300円、証明書自動交付機・証明書コンビニ交付サービス=200円です。

【問い合わせ】

税額決定・納税通知書の内容については、課税課
納付のご相談・口座振替については、納税課



杉並区交流協会のお知らせ

杉並区交流協会では、外国人の方が気軽に参加でき、日本人をはじめ多くの外国人の方と楽しく交流できるイベントをたくさん企画しています。皆さんも、ぜひご参加ください。

◇杉並区交流協会ホームページとFacebook

杉並区交流協会のホームページやFacebookをぜひご覧ください。杉並区交流協会の主催イベントや区内の日本語教室、杉並区の交流自治体の情報などを載せています。杉並区在住の外国人には、無料でイベント情報や区内の便利な情報を郵送します。登録はホームページからできます。

◇まるごと台湾フェア2018 (Marugoto Taiwan Fair 2018)

中学生の野球交流や高円寺阿波踊りの台湾公演などで交流を深めている台湾の魅力を紹介します。

【日時】6月9日(土)午前10時～午後5時

【場所】セシオン杉並(梅里1-22-32)

【内容】台湾の物産販売や観光紹介・展示、キッチンカーでの台湾料理販売、講演、台湾アニメーション上映ほか

【費用】入場無料。当日会場へお越しください。

※詳細は、杉並区交流協会のホームページ・Facebookをご覧ください。

◇茶道体験プログラム(外国人対象)

簡単なお茶の作法を先生から教わり、自分でお茶をたてます。日本茶と和菓子をいただきながら、みんなで楽しくお話ししましょう。プログラムは日本語で行います。

【日時】6月28日(木)①午後1時30分～3時30分②5時30分～7時30分

【場所】杉並区交流協会

【講師】茶道裏千家・山中宗靖

【定員】各回20名(申込順)

【費用】各300円

【申し込み】電話・Eメール・ファクスに行事名・住所・氏名(フリガナ)・国籍・電話番号・Eメールアドレスを書いて、杉並区交流協会

◇知られざるドバイの暮らし・魅力

アラブ首長国連邦・ドバイ在住の講師が、日本ではあまり知られていないドバイの暮らし、魅力について紹介します。

【日時】6月29日(金)午後1時30分～3時30分

【場所】杉並区交流協会

【講師】すぎなみ観光大使・針貝結花里

【定員】25名(申込順)

【費用】200円

【申し込み】電話・Eメール・ファクスに行事名・住所・氏名(フリガナ)・電話番号・Eメールアドレスを書いて、杉並区交流協会

◇杉並清掃工場見学(外国人対象)

新しくなった清掃工場を見学し、杉並区が取り組んでいる清掃事業や環境対策を学びます。

【日時】7月5日(木)午後1時30分～3時

【場所】杉並清掃工場(高井戸東3-7-6)

【定員】外国人30名(申込順)

【費用】無料

【申し込み】電話・Eメール・ファクスに行事名・住所・氏名(フリガナ)・国籍・電話番号・Eメールアドレスを書いて、杉並区交流協会

◇外国人サポートデスク [Support Desk for Foreign Residents]

ボランティア通訳が外国人の皆さんの区役所での手続きをサポートします。英語・中国語・韓国語で対応しています。気軽に窓口までお越しください。

【日時】毎週月・金曜日午前9時～正午、午後1時～4時(祝日、年末年始を除く)

【場所】区政相談課(区役所東棟1階)

【言語】①英語=毎週月曜日午後1時～4時、金曜日午前9時～正午

②中国語=毎週月曜日午前9時～正午、第1・3・5金曜日午後1時～4時

③韓国語=第2・4金曜日午後1時～4時

【相談方法】来所・電話(区政相談課(区役所東棟1階・内線1129))・文書(郵送・ファクス・Eメール)

【費用】無料

申し込み、詳細の問い合わせは、杉並区交流協会へ。

【住所】〒166-0004 阿佐谷南1-14-2 【ファクス】03-5378-8844

みなみ阿佐ヶ谷ビル5階

【Eメール】info@suginami-kouryu.org

【電話】03-5378-8833

【ホームページ】
<http://www.suginami-kouryu.org/>



【Facebook】

<https://www.facebook.com/suginami.kouryu>



医療相談の窓口

東京都保健医療情報センター

外国語で診療を受けることができる医療機関や、日本の医療制度についての問い合わせに、英語・中国語・韓国語・タイ語・スペイン語で応じます。

【相談日時】毎日午前9時～午後8時

【電話】03-5285-8181

東京都医療機関案内サービス「ひまわり」

ホームページで、住所や最寄りの駅から医療機関を探ることができます。

【英語版ホームページ】<http://www.himawari.metro.tokyo.jp/qq13/qqport/tomintop/other/fks240.php>

杉並区の急病診療窓口(日本語対応のみ) まずは、電話でご相談ください。相談の結果、受診する場合は、健康保険証・医療証を必ず持参してください。

■杉並区休日等夜間急病診療所

【電話】03-3391-1599 【場所】荻窪5-20-1杉並保健所2階

【診療時間・科目】(いずれも受付終了時間は診療終了時間の30分前まで)

月～金曜日…午後7時30分～10時30分=小児科

土曜日…午後5時～10時=内科・小児科・耳鼻咽喉科

日曜日・祝日…午前9時～午後10時(外科は午後5時まで)=内科・小児科・外科・耳鼻咽喉科

年末年始

■杉並区歯科保健医療センター(歯科休日急病診療)

【電話】03-3398-5666 【場所】荻窪5-20-1杉並保健所5階

【診療時間】日曜日、祝日、年末年始の午前9時～午後5時(受け付けは午後4時まで)

■杉並区急病医療情報センター ※医療機関案内・医療相談を受け付けています。

【電話】#7399または03-5347-2252

【案内・相談時間】月～金曜日…午後8時～翌日午前9時

土・日曜日、祝日、年末年始…午前9時～翌日午前9時